

# College Students and Gambling

### QUICK FACTS



 Nearly eight in ten people (79%) begin their betting before their 21st birthday



 More than half of college gamblers (56%) reported that they gamble every day.



 Youths who gamble are more likely to use alcohol or drugs, smoke, and experience depression THE COUNCIL ON COMPULSIVE GAMBLING OF N.

# BOO-GAMBLER

## WARNING SIGNS

- Preoccupation
- Borrowing money
- Selling personal items
- Frequent gambling language
- Skipping class
- Declining grades
- Alienation from family / friends
- Inability to cut back
- Suspected alcohol / drug use
- Suicidal Thoughts

#### **WHY THEY GAMBLE**

- Excitement
- Financial strain
- Escape negative feelings
- Socialization
- Peer Influence

#### **COMMON CHARCTERISTICS**

- Youth are tech savvy
- A desire for immediate gratification
- Do not fully understand risks
- Still developing control of emotions and impulses

If you or someone you know has a gambling problem, call or text 800GAMBLER

