



**WELCOME TO ALL
STUDENTS!**



ROWAN UNIVERSITY WELLNESS CENTER

STUDENT UPDATES

FALL, 2018

WE'VE BEEN BUSY PREPARING FOR YOU.

JULY 1, 2018:

The Wellness Center becomes part of RowanMedicine; an exciting partnership with an exciting year ahead!

SUMMER, 2018:

Dr. Marta Diaz joins us as a full time doctor for Student Health Services. She joins us from Nemours DuPont with a background in primary and emergency care.

Brittany Gottsch, MA, joins us as Coordinator for Healthy Campus Initiatives. She joins us from Cooper Medical School of Rowan University with a background in Student Affairs and Wellness Programming.

Important Info:

We front loaded crisis intervention personnel from 1 to 3, ensuring greater access to mental health services to students. Your first visit will include an initial consultation to plan what next steps are clinically appropriate for you. To learn more about initial consultations **HERE!**

Aetna is our new student health insurance plan provider. All students, regardless of insurance, will have access to an Aetna nurse after hours for helpful health-related advice. To find out more about the Informed Health Line, please click **HERE.**

Additionally, launching later this fall, the Wellness Center has established a Rowan Nurse Advice Line, allowing you to speak with a nurse on options for self-care, medical questions, or help with having to choose to visit a primary care physician, urgent care or emergency room. **We will email all students when this begins.**

The Wellness Center will begin increasing availability for screenings of STI's (sexually transmitted infections) at a later date this semester. **We will email all students when this begins.** Students may still visit FamCare for STI screenings. Please click **HERE** for their hours and to schedule an appointment.

Get Involved:

Rowan Emergency Medical Services (RUEMS) has expanded it's availability of training to students to become certified EMT's in partnerships with the Gloucester County EMS program. Click **HERE!**

Healthy Campus Initiatives (HCI) is offering additional programming to help students make connections, learn about their physical and mental health and how to deal with stress in college. To see a list of these upcoming events, visit ProfLink **HERE!**

We are offering a variety of *well-being workshops* to help students develop a variety of coping skills to help with managing stress and anxiety.

For a full list of the GROUPS offered, please click **HERE.**

The Wellness Center is putting together a Student Advisory Board to help inform and enhance program development and delivery of services. **Look for an email from us this fall with more information.**

Contact Us:

Rowan University
The Wellness Center (Winans Hall)
201 Mullica Hill Road
Glassboro, NJ 08028

Telephone: 856-256-4333

Email: WellnessCenter@rowan.edu

For more information, visit: rowan.edu/wellness

**MAKE SURE TO FOLLOW US @ROWANHCI
FOR THE MOST UP-TO-DATE INFO!**

