

Rowan University COVID Isolation and Quarantine Requirements

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	Symptomatic Tested (+)	Symptomatic Tested (-)	Asymptomatic Tested (+)	Asymptomatic Tested (-) No COVID-19 exposure	Asymptomatic Tested (-) But is a close contact	Asymptomatic Not/Never tested But is a close contact
Timeframe for Quarantine or Isolation	Isolate for 5 days from onset of symptoms.	No isolation required.	Isolate for 5 days after test, assuming no symptoms develop.	No self-quarantine required.	If Fully Vaccinated* : You do not need to quarantine. Recommend COVID test 5 days after exposure. Wear a well-fitting mask around others for 10 days from exposure. If you develop symptoms, isolate and get tested.	
	In order for your isolation to end, if you have a fever, you must be 24 hours fever-free without use of fever-reducing medications and symptoms are resolving/improving.	If you have a fever, you must be 24 hours fever-free without use of fever-reducing medications and symptoms are resolving/improving.	In order for your isolation to end, if you develop symptoms, or have a fever, you must be 24 hours fever-free without use of fever-reducing medications and symptoms are resolving/improving.		If Not Fully Vaccinated : COVID test recommended 5 days after exposure. Quarantine for 5 days from the last date of contact with the positive COVID-19 contact. Note : For household/roommate/suitemate contacts that cannot physically distance from the positive person, quarantine until 5 days after the COVID positive person's isolation ends. For example, when the positive person's isolation ends in 5 days, the exposed person will quarantine another 5 days, which equals 10 days of total quarantine. Testing is recommended before ending quarantine.	
	Wear a well-fitting mask around others for 10 days from the onset of symptoms.	Wear a well-fitting mask until symptoms resolve. Avoid contact with others while sick.	Wear a well-fitting mask around others for 10 days from the start of positive test.			
		Note : If person is a household or close contact: follow quarantine instructions on the last 2 columns on the right.				

*Fully vaccinated means 2 doses of Moderna and a booster 5 months after the second dose; or 2 doses of Pfizer and a booster 5 months after the second dose; or one dose of J&J with a booster 2 months later. Alternatively, you follow fully vaccinated guidelines if you had a documented positive COVID infection in the past 90 days.

The graphic above demonstrates the current NJ and CDC protocols for symptomatic and asymptomatic COVID isolation and quarantine.

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