



FOSTERING FIRST-GEN WELL-BEING

Wednesday, February 7, 2024

8:45am-9:00am

Welcome

Join us as we kick off the 7th Annual First-generation Symposium!

9:00am-10:15am

Keynote Presentation

Keynote Speaker: Kha' Sadler, Psy.D.

10:15am-10:30am

Break

10:30am-11:30am

Classroom Routines to Support Inclusion and Engagement for First-gen Students

Presenters: Rob Wieman, Ph.D. & Jill Perry, Ph.D.

10:30am-11:30am

Supporting the Mental Health Needs of First-generation Students*

Presenter: Andrea Leach, M.S.W., L.C.S.W.

**Also offered on Thursday at 1:45pm-2:45pm.*

10:30am-11:30am

First-gen Students: Finding Their Purpose

Presenters: Meredith Brown & Lamont Eli Booth

All times are in EST.

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10:30am-11:30am **Finding a Voice**

Presenter: Brittany Bronson, MODL

11:30am-12:45pm **Lunch**

12:45pm-2:00pm **Student Panel**

Panelists: TBD

2:00pm-2:15pm **Break**

2:15pm-3:15pm **A Tale of Two Low-Income, First-generation Engineering Students: Well-being, Belonging, and the Role of Chosen Family**

Presenter: Justin Major, Ph.D.

2:15pm-3:15pm **Emotional Support for First-generation College Applicants During the Transition to College**

Presenter: Amanda Coltri, MSL



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2:15pm-3:15pm

Building Resiliency, Fostering Success, and Celebrating Intersectionality in First-Year Seminar Students*

Presenter: Joe Lizza, Ed.D.

**Also offered on Thursday at 9:15am-10:15am.*

2:15pm-3:15pm

Collective Healing Through Adult Social Emotional Learning

Presenter: Kara Ieva, Ph.D.

3:15pm-3:30pm

Break

3:30pm-3:40pm

Closing Remarks

3:40pm-4:30pm

We're the First

Presenter: Andrea Leach, M.S.W., L.C.S.W.

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FOSTERING FIRST-GEN WELL-BEING

Thursday, February 8, 2024

9:00am-9:15am

Day 2 Welcome & Presentation of the 2024 Excellence in Advocacy of First-gen Students Award

9:15am-10:15am

Intrusive Advising in Health Career Opportunity Programs

Presenters: Mary Duggan, MA & Nyla Fussell, MHA

9:15am-10:15am

Navigating the Future: First-generation Student Workshop on Pursuing Graduate Education

Presenter: Brittany Bronson, MODL

9:15am-10:15am

Building Resiliency, Fostering Success, and Celebrating Intersectionality in First-Year Seminar Students*

Presenter: Joe Lizza, Ed.D.

**Also offered on Wednesday at 2:15pm-3:15pm.*

10:15am-10:30am

Break

10:30am-11:45am

Med Panel

CMSRU Panelists: Arnold Rojas & Amir Davoodi

SOM Panelists: Katarina Rusinak & Evelyn Robles

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FOSTERING FIRST-GEN WELL-BEING

Thursday, February 8, 2024

10:30am-11:30am

ProfPals - Creating Connection to Enhance Student Success and Well-being

Presenter: Lindsay Johnson, M.S.Ed., L.P.C., L.C.A.D.C., A.C.S.

10:30am-11:30am

Inclusive Communication Strategies in the Classroom to Support First-generation Students

Presenters: Miles Coleman, Ph.D., Angela Cirucci, Ph.D., & Gregory Caputo, Ph.D.

11:30am-12:30pm

Break

12:30pm-1:30pm

First-gen Students Have a Hustle Culture Problem

Presenter: Jennifer McGraw

12:30pm-1:30pm

Impermanence and the First-Generation College Student Dilemma

Presenters: Zachary Desjardins, M.S. SAA, MPA & John Martinez

12:30pm-1:30pm

Leveraging Your Identity in Medical School Applications and as a Medical Student

Presenters: Anudeep Deevi & Victoria Wong Murray

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FOSTERING FIRST-GEN WELL-BEING

Thursday, February 8, 2024

1:30pm-1:45pm

Break

1:45pm-2:45pm

Creating Community: First-gen Sense of Belonging

Presenters: Amina Mostafa, MA, LAC & Lisa Cardello, Ed.S.

1:45pm-2:45pm

Purpose & Community

Presenter: Lauwinda Cherilus

1:45pm-2:45pm

Supporting the Mental Health Needs of First-generation Students*

Presenter: Andrea Leach, M.S.W., L.C.S.W.

**Also offered on Wednesday at 10:30am-11:30am.*

2:45pm-3:00pm

Closing Remarks

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