

Rowan University – Department of Health and Exercise Science – (0828) MS - ATHLETIC TRAINING
Pre-Prof Athletic Training Component – Fall 2026

Program Director: Dr. Robert Sternner Advisor: Mrs. Laurie Dwyer (Dwyerl@rowan.edu)

NAME: _____ ID#: _____ Date: _____

1st Year Pre-Professional Phase

Semester 1 - Courses	S.H. •	Grade	Sem/Year	Semester 2 - Courses	S.H.	Grade	Sem/Year
College Composition I COMP 01111 (communicative literacy)	3			College Composition II COMP 01112 (communicative literacy)	3		
Anatomy and Physiology 1 (M) BIOL 10210 and BIOL L0210	4			Anatomy and Physiology II (M) BIOL 10212 and BIOL L0212	4		
Global Literacy Choice	3			Basic Nutrition (M) NUT 00200	3		
Intro to Healthcare in Sports Medicine (M) RS ATR 00105	3			Essentials of Psychology (M) PSY 01017 (Humanistic literacy)	3		
				Artistic Literacy Choice	3		
Semester Total	13			Semester Total	16		

2nd Year Pre-Professional Phase

Semester 1 - Courses	S.H. •	Grade	Sem/Year	Semester 2 - Courses	S.H.	Grade	Sem/Year
Intro to Biomechanics (M) HES 00346	3			Exercise Prescription (M) HES 00401	3		
Exercise Physiology for HCP (M) HES 00349	4			Chemistry in the World Around Us (M) CHEM 05103	3		
Physics/everyday life or Physics 1(M) PHYS 00150 or PHYS 00210	4			Found. in Sports Medicine 1 (M) ATR 00210	3		
Free Elective	3			Applied Biomechanics (M) ATR 00347	3		
Free Elective	1			Public Speaking CMS 04205 or Digital Presentation CMS 04206 (Communicative literacy)	3		
Semester Total	15			Semester Total	15		

3rd Year Pre-Professional Phase

Semester 1 - Courses	S.H. •	Grade	Sem/Year	Semester 2 - Courses	S.H.	Grade	Sem/Year
Found. of Sports Medicine 2 (M) ATR 00339	3			Found. in sports medicine 3 (M) ATR 00340	3		
Statistics 1 (M) STAT 02260 (Quantitative literacy)	3			Nutrition For Fitness (M) NUT 00415	3		
Found Bio 1 (M) MCB 01101 and MCB L1101	4			Medical Terminology (M) HES 00202	3		
Free Elective	3			Lit-writing intensive Choice	3		
Free Elective	3			Free Elective	3		
Semester Total	16			Semester Total	15		
				Pre-Athletic Training Total	90		

Overall and Major GPA - 3.0 or better; All Major Courses (M) - No grade lower than a “C”.

Eligible applicants will apply to the Masters’ program in the spring semester of the 3rd Year.

