**Rowan University – Department of Health and Exercise Science – (0828) MS - ATHLETIC TRAINING**

**Pre-Prof Athletic Training Component – Fall 2023**

**Program Director: Dr. Robert Sterner** **Advisor: Mrs. Laurie Dwyer (Dwyerl@rowan.edu)**

NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ID#: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **1st Year Pre-Professional Phase** | | | | | | | |
| **Semester 1 - Courses** | **S.H.** | **Grade** | **Sem/Year** | **Semester 2 - Courses** | **S.H.** | **Grade** | **Sem/Year** |
| College Composition I **COMP 01111** (communicative literacy) | 3 |  |  | College Composition II **COMP 01112** (communicative literacy) | 3 |  |  |
| Anatomy and Physiology 1 **(M)**  **BIOL 10210 and BIOL L0210** | 4 |  |  | Anatomy and Physiology II **(M)**  **BIOL 10212 and BIOL L0212** | 4 |  |  |
| Found Bio 1 **(M) MCB 01101 and MCB L1101** | 4 |  |  | Basic Nutrition **(M) NUT 00200** | 3 |  |  |
| Intro to Healthcare in Sports Medicine **(M) RS ATR 00105** | 3 |  |  | Essentials of Psychology **(M)**  **PSY 01017**  (Humanistic literacy) | 3 |  |  |
|  |  |  |  | Artistic Literacy Choice | 3 |  |  |
| **Semester Total** | **14** |  |  | **Semester Total** | **16** |  |  |
| **2nd Year Pre-Professional Phase** | | | | | | | |
| **Semester 1 - Courses** | **S.H.** | **Grade** | **Sem/Year** | **Semester 2 - Courses** | **S.H.** | **Grade** | **Sem/Year** |
| Intro to Biomechanics **(M) HES 00346** | 3 |  |  | Exercise Prescription **(M) HES 00401** | 3 |  |  |
| Exercise Physiology for HCP **(M)**  **HES 00349** | 4 |  |  | Chemistry in the World Around Us **(M) CHEM 05103** | 3 |  |  |
| Physics/everyday life or  Physics 1(**M)** **PHYS 00150 or PHYS 00210** | 4 |  |  | Found. in Sports Medicine 1 **(M)**  **ATR 00210** | 3 |  |  |
| Free Elective | 3 |  |  | Applied Biomechanics **(M)**  **ATR 00347** | 3 |  |  |
| Free Elective | 1 |  |  | Public Speaking **CMS 0420**  (Communicative literacy) | 3 |  |  |
| **Semester Total** | **15** |  |  | **Semester Total** | **15** |  |  |
| **3rd Year Pre-Professional Phase** | | | | | | | |
| **Semester 1 - Courses** | **S.H.** | **Grade** | **Sem/Year** | **Semester 2 - Courses** | **S.H.** | **Grade** | **Sem/Year** |
| Found. of Sports Medicine 2 **(M)**  **ATR 00339** | 3 |  |  | Found. in sports medicine 3 **(M)**  **ATR 00340** | 3 |  |  |
| Statistics 1 **(M)**  **STAT 02260** (Quantitative literacy) | 3 |  |  | Nutrition For Fitness **(M) NUT 00415** | 3 |  |  |
| Global Literacy Choice | 3 |  |  | Applied Statistical Analysis in Healthcare Professions **(M) STAT 02331** | 3 |  |  |
| Free Elective | 3 |  |  | Lit-writing intensive Choice | 3 |  |  |
| Free Elective | 3 |  |  | Free Elective | 3 |  |  |
| **Semester Total** | **15** |  |  | **Semester Total** | **15** |  |  |
|  |  |  |  | **Pre-Athletic Training Total** | **90** |  |  |

Overall and Major GPA - 3.0 or better; All Major Courses (M) - No grade lower than a “C”.

Eligible applicants will apply to the Masters’ program in the spring semester of the 3rd Year.