APA 7th Edition Heading Style Guide

First Level (Chapter Number)

Chapter Title

Second Level

A level 2 heading is situated flush left, boldface, and the first letter of the first word and the first letter of all major words in the heading are capitalized. The paragraph text should begin on the following line indented .5 inches from the left margin.

Third Level

A level 3 heading is situated flush left, boldface, italicized and the first letter of the first word and the first letter of all major words in the heading are capitalized. The paragraph text should begin on the following line indented .5 inches from the left margin.

Fourth Level. A level 4 heading is indented, bold, with internal capitalization, and ends with a period that separates it from the paragraph text.

Fifth Level. A level 5 heading is indented, bold, italicized, with internal capitalization, and ends with a period that separates it from the paragraph text.

	APA 7th Edition Heading Levels
Level	**Format**
Chapter Heading/ Level 1	**Centered, Boldface, APA Title Case**
Level 2	**Flush-Left, Boldface, APA Title Case**
Level 3	***Flush-Left, Boldface, Italicized, APA Title Case***
Level 4	**Indented, Bold, APA Title Case Heading Ending with a Period.** Begin body text after period.
Level 5	***Indented, Bold, APA Title Case Heading Ending with a Period.*** Begin body text after period.