

To Coordinated M.S.* in Nutrition and Dietetics

*** This degree is a coordinated program. Graduates receive an MS in Nutrition & Dietetics, and at the same time are awarded a BS in Nutrition. The BS component is NOT a stand-alone degree; it can only be awarded with the MS, or as an exit degree (BS in Nutrition with Concentration in Dietetics) if students cannot complete the Coordinated MS. Students must apply for and be accepted into the Dietetics Concentration. There is a separate stand-alone BS in Nutrition, which has different upper level courses.**

Academic Program Guide for New First-Year Students (Effective Fall 2021) Department of Health and Exercise Science (wellnessmgt@rowan.edu)

Students who entered Rowan University prior to Fall 2018 should follow the guide for their program and start year in consultation with their advisor.

Rowan University Graduation Requirements for all Majors / Degrees

- Students must complete at least 120 semester hours (sh) of coursework that apply to their Rowan University degree.
- Students must have a cumulative GPA of at least 2.0 in Rowan University coursework. (Transfer courses/credit do not count toward the RU GPA.)
- A minimum of 30 sh of coursework must be completed at/through Rowan University.
- Only grades of "D-" or above may apply to graduation/degree requirements. (Some programs may set higher minimums.)
- Students must meet the Rowan Core and Rowan Experience Requirements.
 - An individual course can potentially satisfy one Rowan Core literacy and/or multiple Rowan Experience attributes.
 - Rowan Core and Rowan Experience designations are listed in course details in Section Tally (www.rowan.edu/registrar) and may also be searched on that site under "Attributes." A list of Rowan Core courses is here: <https://confluence.rowan.edu/display/AS/Rowan+Core+Course+List>.
- Students must apply for graduation and should do so for the term in which they will complete all program requirements.

Program-Specific Graduation Requirements for this Major / Degree

- Students must receive a grade of C or better in all courses satisfying Major requirements.

Rowan Core Requirements¹

Students must satisfy all six Rowan Core Literacies. A minimum total of 3 sh of coursework is required to satisfy each Literacy. With the exception of the 9 sh counted here for Communicative Literacy, credits attached to the courses in this section will apply elsewhere.

- (COML) Communicative Literacy: *Must be met by the following three courses or their official equivalents:*
- COMP 01111 College Composition I (3 sh) COMP 01112 College Composition II (3 sh) CMS 04205 Public Speaking (3 sh)
- (ARTL) Artistic Literacy *Recommendation from major:*
- (GLBL) Global Literacy *Recommendation from major: ANTH 02215 (3 sh counted under non-program courses)*
- (HUML) Humanistic Literacy *Recommendation from major: PSY 01107 (3 sh counted under non-program courses)*
- (QNTL) Quantitative Literacy *Recommendation from major: STAT 00260 (3 sh counted under major)*
- (SCIL) Scientific Literacy *Recommendation from major: CHEM 06100 (4 sh counted under major)*

Subtotal of credits counted in this section: 12 sh

Rowan Experience Requirements

Students must satisfy all three Rowan Experience attributes. Credits attached to the courses in this section will apply elsewhere.

- (LIT) Broad-Based Literature Attribute *Recommendation from major:*
- (WI) Writing Intensive Attribute *Recommendation from major:*
- (RS) Rowan Seminar Attribute² *Recommendation from major:*

Non-Program Courses (minimum 18 sh)

Courses in this section cannot be in the major department.

Course #	Course Name	Course Attributes / Notes	Sem/Yr	Grade	Credits
BIOL 10210	Anatomy and Physiology 1				4
BIOL 01212	Anatomy and Physiology 2				4
CHEM 06101	Chemistry 2				4
PSY 01107	Essentials of Psychology	Satisfies Humanistic			3
ANTH 00215	Medical Anthropology	Satisfies Global Literacy			3
		Satisfies Broad Based Literature			3
					Subtotal: 21 sh

¹ The Rowan Core requirements are waived for transfer students with an earned A.A. or A.S. degree from a NJ community/county college.

² The Rowan Seminar requirement is waived for all students transferring 24 or more approved credits into Rowan University at the time of initial entry.

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Major Requirements (81sh)

SUMMARY OF MAJOR REQUIREMENTS

- 37 sh of Nutrition Major Courses
 - 44 sh of Dietetics Concentration Courses
-
- 81 sh total

NUTRITION MAJOR COURSES

Course #	Course Name	Course Attributes / Notes	Sem / Yr	Grade	Credits
NUT 00200	Basic Nutrition				3
NUT 00490	Macronutrient Metabolism				3
NUT 00230	Intro to Nutrition Professions	20 PDH required			3
NUT 00495	Micronutrient Metabolism				3
HPW 00350	Health Behavior Theory and Practice	20 PDH required			3
HES 00301	Research Methods in HES				3
NUT 00300	Lifecycle Nutrition				3
NUT 00310	Mgt. Food & Nutrition Services				3
NUT 00415	Nutrition for Fitness				3
NUT 00420	Contemporary Issues in Nutrition				3
STAT 00260	Statistics1	Satisfies Quantitative Literacy			3
CHEM 06100	Chemistry 1	Satisfies Scientific Literacy			4
Subtotal: 37 sh					

DIETETICS CONCENTRATION COURSES

Course #	Course Name	Course Attributes / Notes	Sem / Yr	Grade	Credits
NUT 00320	Techniques of Food Preparation				3
NUT 00330	Nutrition Therapy 1				3
NUT 00350	Community Nutrition				3
NUT 00340	Nutrition Therapy 2				3
NUT 00470	Nutrition Counseling				3
NUT 00410	Nutrition and Public Health				3
NUT 00425 or NUT 00525	Principles of Food Science or Advanced Principles of Food Science (graduate)				3
CHEM 07200	Organic Chemistry 1				4
CHEM 07201	Organic Chemistry 2				4
BIOL 14440	Intro to Biochemistry				3
MCB 01101	Foundations in Biology for Biomedical Sciences I				4
MCB 01102	Foundations in Biology for Biomedical Sciences II				4
BIOL 11330	Microbiology				4
44 sh					

Free Electives for this Major/Degree (6 sh)

Students should choose Free Electives that satisfy any Rowan Core or Rowan Experience requirements that are not fulfilled by Major or Non-Program courses.

Course #	Course Name	Course Attributes / Notes	Sem/Yr	Grade	Credits
	Free Elective		F/4		3
	Free Elective		S/4		3
Subtotal: 6 sh					

Total Program Credits Required for this Major /Degree (undergraduate): 120 SH

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MASTERS COURSES

Course #	Course Name	Course Attributes / Notes	Sem / Yr	Grade	Credits
NUT 00520	Supervised Practice		F/5		6
NUT 00530	Medical Nutrition Therapy Supervised Practice		S/5		6
NUT 00518	Nutrition and Epidemiology		SS/4		3
NUT 00500	Advanced Nutritional Assessment		SS/4		3
WLM 00580	Obesity and Diabetes Management		F/5		3
WLM 00541	Wellness Coaching/Behavior Change		S/5		3
NUT 00511	Advanced Nutrition Therapy		SS/5		3
NUT 00540	Metabolic Basis of Disease		SS/5		3
Subtotal: 30 sh					

Total Program Credits Required for this Major/Degree (undergrad + graduate): 150 SH