



PROFS DAY 2022

RU FAMILY GOT GRIT: COURAGE, STRENGTH, AND RESILIENCY OF CHARACTER

11:00 am - 4:00 pm

Saturday, February 12, 2022

Esbjornson Gymnasium. - Rec Center Lobby

The Student Enrichment and Family Connections Program present their 8th Annual Prof's Day on Saturday, February 12, 2022, at Rowan University, Glassboro, New Jersey, with great anticipation and enthusiasm. The 2022 theme "RU Family Got Grit: Courage, Strength, and Resiliency of Character" recognizes the significance of partnering with parents and family members to enhance student success and excellence.

Prof's Day is a vehicle to create and empower partnerships with faculty, staff, parents, and family members to ensure our students' intellectual, social, and cultural success. This Day provides the participants with hands-on fun and human connection to increase their effectiveness as vital collaborative stakeholders in the undergraduate collegiate experience.

This year, we are centering our "Prof's Day" around Rowan Thrives' "Healthy Heart" initiative. We will have different clubs and organizations tabling at the Rowan men's basketball game on Feb.12th from 11-4 pm. Please come out and learn more about some of the fantastic clubs and organizations Rowan has to offer while spectating the Rowan Profs' take on the Ramapo Roadrunners.

Please review Profs Day schedule of events, along with University-wide Friday, February 11, 2022, and Sunday, February 13, 2022, at

Friday 2/12/2022

7:30 p.m.

51st Annual Rowan Jazz Festival Concert

Rowan University Pfleeger Concert Hall

\$15 GA \$10 Student

Link for Tickets: <https://ci.ovationtix.com/35360/production/1088607?performanceld=10900368>

After a year away, the Rowan University Jazz Festival welcomes everyone back to celebrate Jazz at the 51st Rowan University Jazz Festival, featuring a special guest, the great bassist, Rufus Reid. Selections will be from the entire Jazz spectrum. Be prepared to have some fun. Welcome back, everyone!

7:00 p.m. – 8:00 p.m.

Laser Queen Planetarium Show

Rowan University Edelman Planetarium

\$5 -Adults, \$3 - Seniors, Children, Rowan Students

Link for Tickets: <https://shop.rowan.edu/store/events/items/54766>

Edelman Planetarium's laser light shows combine music from your favorite bands with stunning and immersive laser imagery. We will rock you, Bicycle race, Another one bites the dust, Best friend, Flash, plus more.

Saturday 2/12/2022

12:00 p.m.

Men's Basketball Game and Student Club Fair

Esby Gymnasium

\$5 GA, Rowan Students free

Come out and support our Rowan Profs' take on Ramapo Roadrunners. The game starts at 1:00, with some clubs and organizations hosting tables right outside the gym at noon. The organizational tabling is a great chance to learn about some clubs Rowan offers while taking in a basketball game!

3:00 p.m.

Women's Basketball vs. Ramapo College

Esby Gymnasium

\$5 general admission, Rowan Students free

4:00 p.m. – 5:00 p.m.

To Space and Back Planetarium Show

Rowan University Edelman Planetarium

\$5 general admission, \$3 Seniors, Children, Rowan Students

Link for Tickets: <https://shop.rowan.edu/store/events/items/54838>

The exploration of space has a daily impact on our lives. It is helping us to discover a universe of unimaginable scale and beauty, and it is reaching down into our world and influencing the way we live. Go on an incredible journey from the far reaches of our known universe to the surface of our planet. To Space and Back is an extraordinary story of human ingenuity and superb engineering, describing how the technology that transports us through space paves the way for the devices and apps we use every day. What is happening above our heads is coming back down to Earth! During this 1-hour long show, we will also help you identify the brightest planets and constellations visible in the sky. All visitors must wear a mask and complete a health screening before entry.

5:30 p.m. – 6:30 p.m.

Spacepark 360

Rowan University Edelman Planetarium

\$5 general admission, \$3 Seniors, Children, Rowan Students

Link for Tickets: <https://shop.rowan.edu/store/events/items/54814>

SpacePark360 is designed to recreate the experience of amusement park thrill rides — roller coasters, pendulums, inverters, and more. From the rider's perspective, audiences experience the apparent motion from the visual display while reveling in the surrounding music and sound effects that accompany the scenes. There's no narration, no science education standards or curriculum objectives; just some wild ride experiences, fantastic music, and a ton of fun! During this 1-hour program, we will point out which planets and constellations will be visible in the night sky.

9:00 p.m. – 1:00 a.m. (Rowan Students Only)

Surf's Up

Chamberlain Student Center

Free

Is the cold weather getting to you? Soak up the sun with RAH at our Surf's Up event! Enjoy a night of novelty items and grab some good food at our food bar!

Sunday 2/13/2022

6:30 p.m. – 7:00 p.m.

Recharge Yoga

Rec Center

Free to Rowan Students, \$10 to GA

This session aims to decompress at the end of our week and prepare ourselves for the next week to come. Please join Instructor Abigail for a renewing flow featuring a balancing blend of Yin and Yang's yoga followed by extended savasana (rest). We hope that you will leave each session feeling supported and a bit more connected to yourself and others around you.

*Masks are required for participation. All group fitness classes are free for students and Rec Center members, but limited spots! Drop-ins are welcome, but pre-registration is encouraged. Visit campusrec.rowan.edu to register and reserve your place, student only, up to three days in advance.

7:45 p.m. – 8:30 p.m.

Meditation

Rec Center

Free to Rowan Students

This class will focus on slow, deep breathing techniques and meditative postures. Beginning with gentle postures and ending with a long rest, this practice relaxes the mind and the body. Follow Instructor Abigail's voice as she guides you through this meditative practice.

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