



# Having “THE TALK” again: *Sex, love & everything in between*

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# Talking to Your Kids

[https://www.youtube.com/watch?v=LiH0\\_2Xwzzg](https://www.youtube.com/watch?v=LiH0_2Xwzzg)



# Who RU?

- ▶ U have the most influence over your young adult
- ▶ U can share knowledge and experience
- ▶ U can support and empower healthy choices
- ▶ U can inspire!
- ▶ What will U do?

# Harvard's Making Caring Common Study

- ▶ 87% of women reported experiencing one of the following during their lifetime:
  - ▶ Being catcalled (55%)
  - ▶ Touched without permission by a stranger (41%)
  - ▶ Insulted with sexualized words (e.g. slut, bitch and ho) by a man (47%)
  - ▶ Insulted with sexualized words (e.g. slut, bitch and ho) by a woman (42%)
  - ▶ Having a stranger say something sexual to them (52%)
  - ▶ Having a stranger tell them they are “hot” (61%)

# YET...

- ▶ Respondents reported never having conversations with their parents about the following:
  - ▶ How to avoid sexually harassing others (76%)
  - ▶ “Being sure your partner wants to have sex and is comfortable doing so before having sex” (61%)
  - ▶ “The importance of not having sex with someone who is too intoxicated or impaired to make a decision about sex” (57%)

# What do young adults want?

70% of 18-25 year olds reported wishing they'd received more info from parents about some emotional aspect of romantic relationships, including:

- ▶ How to have a more “mature” relationship (38%)
- ▶ How to deal with break-ups (36%)
- ▶ How to avoid getting hurt (34%)
- ▶ How to begin a relationship (27%)

# What Do You Know?



# Continuum of Sexual Experience



**Ideal,  
Consensual  
Sex**

**Cooperation:**  
  
Hoping for  
something  
good

**Compliance:**  
  
Avoiding  
negative  
outcomes

**Forced  
Rape or  
Sexual  
Assault**

**“Regretted Sexual Experiences”**



# Multiple Personalities

Young adults are negotiating three different spheres

## After Dark

- Parties
- Dates

## Daily Activities

- Class
- Cafeteria
- Residence Hall



## Online

- Twitter
- Email
- Texting

# What Would You Do?

<https://www.youtube.com/watch?v=cBhmvCKHlrc&t=1561s>

25:44



# Talking to Young Adults About Sexual Violence

- ▶ Process your own feelings about sex and sexual violence
- ▶ Increase your knowledge about the issues
- ▶ Know what values are important for you to share
- ▶ Use current affairs/media as ways to start the conversation
- ▶ Model open discussion



# And.....Action



# Sexual Violence and Title IX

- ▶ If a student wants CONFIDENTIAL support regarding an incident of interpersonal violence, they can talk to a student health services worker or a counselor at the Wellness Center
  - ▶ If the student wants to report an incident of interpersonal violence and file a Title IX complaint, they can:
    - ▶ Contact Title IX Manager, Nyssa Taylor, at (856) 256-5831
    - ▶ <http://www.rowan.edu/equity/titleix/>
- ▶ <http://knowyourix.org/>

# Student/Faculty Prevention Efforts

- ▶ Sexual Violence Prevention Committee
- ▶ Title IX Summit(s)
- ▶ October: Domestic Violence Awareness
- ▶ April: Sexual Assault Awareness
- ▶ It's On Us
- ▶ Green Dot Bystander Intervention Training
- ▶ Pact 5



# Next Steps

- ▶ Talk to your kids!
- ▶ It's not always comfortable but it IS always important
- ▶ Clearly communicate your expectations for your child's health and safety and those they are with
- ▶ Educate yourselves about the issues
  - ▶ [www.livethegreendot.com](http://www.livethegreendot.com)



**THANK YOU!**

The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. These shapes are primarily located on the right side of the frame, creating a modern, layered effect against the white background.