Travel Advisories and Notices:
Check the Department of State Travel Advisories for your intended destination and follow the instructions for the risk level of your country of destination: [https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html](https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html)

<table>
<thead>
<tr>
<th>DoS Level 1</th>
<th>DoS Level 2</th>
<th>DoS Level 3</th>
<th>DoS Level 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exercise normal precautions</td>
<td>Exercise increased caution</td>
<td>Reconsider travel</td>
<td>Do not travel</td>
</tr>
</tbody>
</table>

- Routine travel is allowed and no travel warnings issued by DOS. Students, faculty and staff are allowed to travel with an International Travel Request Form*.
- The DOS has issued travel warnings for these countries, and recommends that U.S. citizens take precautions when traveling to these countries. Students, faculty and staff are allowed to travel with an International Travel Request Form*.
- Avoid travel due to serious risks to safety and security. The Department of State provides additional advice for travelers in these areas in the Travel Advisory. Conditions in any country may change at any time. Students are not allowed to travel to these countries. Faculty and staff are allowed to travel with an International Travel Request Form*.
- The Department of State Advises against all travel to this country. Students, faculty, and staff are not allowed to travel to Level-4 destinations.

Check the Centers for Disease Control and Prevention Travel Health Notices for your intended destination and follow the instructions for the risk level of your country of destination: [https://wwwn.cdc.gov/travel/notices](https://wwwn.cdc.gov/travel/notices)

<table>
<thead>
<tr>
<th>CDC Watch Level 1: Practice usual precautions</th>
<th>CDC Alert Level 2: Practice enhanced precautions</th>
<th>CDC Warning Level 3: Avoid Nonessential Travel</th>
</tr>
</thead>
</table>
| Usual baseline risk or slightly above baseline risk for destination and limited impact to the traveler. Students, faculty and staff are allowed to travel with an International Travel Request Form*.

- Increased risk in defined settings or associated with specific risk factors; certain high-risk populations may wish to delay travel to these destinations. Students, faculty and staff are allowed to travel with an International Travel Request Form*.
- High risk to travelers. Faculty and staff travel is permitted if The Department of State Travel Advisory Level is Level 3 or a lower level.

* International Travel Request Form: [https://sites.rowan.edu/accountspayable/travel/index.html](https://sites.rowan.edu/accountspayable/travel/index.html)
* All student travel requests require approval of the Study Abroad office.
* Travel destination must meet the following criteria at the time of your travel request/application:
  - Borders open to foreigners, visa available if required for entry, US Embassy is open, and insurers will cover travel to selected country.