



STATE OF NEW JERSEY CIVIL SERVICE COMMISSION

EMPLOYEE ADVISORY SERVICE

Support • Empowerment • Growth

UPCOMING WEBINARS

REGISTER TODAY



EAS - Q3 Financial Wellness Webinar

Achieving Financial Fitness

Date / Time

- July 21, 2026
- 11:00 AM – 12:00 PM
- 2:00 PM - 3:00 PM

About this webinar:

This financial wellness webinar includes "10 Steps to Financial Fitness" and "Saving with Purpose" to provide participants with actionable strategies for improving their overall financial health.

EAS Supervisor/Manager Webinar

Essential Skills for Effective Supervision: Having Challenging Conversations

Date / Time

- July 30, 2026
- 11:00 AM – 12:00 PM

About this webinar:

Successful leaders have the ability to skillfully discuss difficult or stressful topics with their employees. This important presentation will provide several practical strategies for having these challenging conversations more effectively including building connections with employees, being more collaborative in our approach, and handling disagreement respectfully.

EAS Employee Webinar

Creating a Mindset for Success

Date / Time

- July 30, 2026
- 2:00 PM – 3:00 PM

About this webinar:

Success begins with the way we think. This engaging webinar explores how our beliefs, attitudes, and thought patterns shape our behaviors and influence our personal and professional success. Participants will discover practical strategies for cultivating a positive, growth-oriented mindset, overcoming self-limiting beliefs, and building habits that support long-term achievement. Through interactive exercises and real-world applications, attendees will leave with tools they can use to reinforce positive thinking, increase resilience, and create lasting mental habits that promote continued success.

Employee Advisory Service (EAS)
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 EAS_Help@csc.nj.gov

 866- 327-9133

 <https://nj.gov/csc/employees/advisory/>

How Can We
Help You?



STATE OF NEW JERSEY CIVIL SERVICE COMMISSION

EMPLOYEE ADVISORY SERVICE

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ACHIEVING FINANCIAL FITNESS

Q3 Financial Wellness Webinar

Join EAS and Credit Union of New Jersey for our third financial wellness webinar of 2026. This session includes:

- 10 Steps to Financial Fitness and
- Saving with Purpose

Participants will receive actionable strategies for improving their overall financial health.

Tuesday, July 21, 2026

- **Session A: 11am - 12noon**
- **Session B: 1pm - 2pm**

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Lunch & Learn

