

Prior to Fall Semester

- Declare Interest in HWD to your Honors Advisor, thus getting yourself on the Honors with Distinction (HWD) list
- Register for as many Honors courses as possible, knowing you'll want to have five (5) classes in addition to the three (3) associated with your capstone experience
- Meet with the Dean to discuss your proposed research or creative activity
- Read more about requirements on this [handout](#) or in this complete [handbook](#)

First Year

- Take your Honors courses, knowing you WILL need to complete five (5) classes in addition to the three (3) associated with your capstone experience
- Consider taking a spring semester [Alternative Course Experience \(ACE\)](#) to explore your area of interest if a lab or pre-existing project with a professor does not, to the best of your knowledge, exist.
- Attend an information session conducted by the HWD Coordinator on Honors with Distinction
- Fall Semester: Meet with the HWD Coordinator and/or the Dean to discuss your areas of interest in anticipation of enrolling in your Proposal Course (HONR 05301); formally [apply](#) to HWD
- Spring Semester: Take the Zero (0) credit [Honors Capstone Proposal](#) course (HONR 05301), overseen by the HWD Coordinator, and make sure that you are close to completing your five (5) other Honors courses. After you are enrolled in this class, Honors with Distinction will appear in Banner/GRAD.
- Spring Semester: Enroll in your Senior Year Capstone Experience Class (HONR 05401); have your academic mentor complete the contract by May

Second Year

- Fall Semester: Take your first semester of your [Capstone Experience](#) (HONR 05401); attend a workshop on your E-Portfolio; enroll in your second semester of your Capstone Experience (HONR 05401) AND your Portfolio Class (HONR 05402); conduct your research or creative activity
- Spring Semester: Take your second semester of your [Capstone Experience](#) (HONR 05401); take your [Portfolio Class](#) (HONR 05402); conduct your research or creative activity; present your work at RUSSS or other appropriate venue; submit your final paper/project to your faculty mentor and your [E-Portfolio](#) to the Honors Portfolio Coordinator