

Rowan University, Disability Resources Faculty Fact Sheet- Auditory Processing Disorder

Definition: A disorder that interrupts or delays the brain's processing of auditory information. It is NOT caused by a physiological impairment of any part of the ear, but is attributed to the central nervous system (brain). APD results in difficulty recognizing and interpreting sounds.

Typical Symptoms:

- Difficulty concentrating
- Difficulty distinguishing sounds
- Poor retention of spoken information
- Difficulty understanding spoken information
- Easily distracted or bothered by extraneous sounds
- Difficulty following directions

- Disorganized, forgetful
- Problems with comprehension
- Language difficulties
- Requires more time to process information

Classroom Behaviors:

Students may:

- Exhibit poor listening skills: "They seem to hear, but don't listen."
- Repeatedly ask for clarification / for professor to repeat what was said
- Frequently misunderstands / misinterprets / mishears what is said
- Not follow directions given, especially if multi-step instructions are given orally
- Respond slowly or after an irregularly long pause
- Act out in boredom or frustration at not being able to keep up / follow along

(Please note: not every student with APD will demonstrate all these Symptoms and Behaviors.)

Strategies:

- 1. Provide **written** expectations and rules for behavior: handouts, emails, write instructions on the board, etc.
- 2. Keep instructions brief and direct. Limit the number of steps included, or at least provide enough explanation.
- 3. Provide written materials covering key words and points of the lecture.
- 4. Use visual aids such as power point presentations or materials uploaded to Blackboard.
- 5. Limit distracting noises and activities.
- 6. Get the attention of the student. Confirm that you have their attention, and then begin speaking.
- 7. Give your student breaks!
- 8. Give your student time to catch up and keep up with the class.
- 9. Preferential seating, preferably front row. This makes you an immediate visual cue to listen.
- 10. Ask the student for feedback! Ask them how they are doing in your class and how you can help them.

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