

# Rowan University, Disability Resources Faculty Fact Sheet- Autism Spectrum Disorder

Definition: "Autism spectrum disorder (ASD) ... [is a general term] for a group of complex disorders of brain development. These disorders are characterized, in varying degrees, by difficulties in social interaction, verbal and nonverbal communication and repetitive behaviors." Autism Speaks

# **Typical Symptoms:**

- Poor Eye Contact
- Inappropriate social interaction
- Unusually strong narrow interests
- Above average to superior intelligence
- Lacking voice intonation
- Impulsivity
- Very literal and concrete thinking patterns

- Difficulties adjusting to change
- Inflexibility
- Hypersensitivity to sensory stimulus
- Difficulty interpreting body language of others
- Motor clumsiness
- Organizational difficulties
- Poor handwriting

### **Classroom Behaviors:**

#### Students may:

- Attempt to monopolize conversations
- Become tangential in answering questions
- Exhibit distracting behavior in long class
- Engage in self stimulating behavior (e.g., rocking, tapping, manipulating objects)

(Please note: not every student with ASD will demonstrate all these Symptoms and Behaviors.)

# **Strategies:**

- 1. Provide clear expectations and rules for behavior.
- 2. Allow student breaks during class (as needed) to prevent over-stimulation.
- 3. Redirect response to bring student to point of answer.
- 4. Provide clearly established and ordered routines.
- 5. Stop inappropriate behaviors with short, clear and precise statements, as non-verbal cues are often missed.
- 6. Avoid situations which may cause sensory overload, such as loud noises or bright lights.
- 7. Instruct student who engages in preservative questioning or commenting to write down his/her questions and comments and address them after class.
- 8. Create an explicit visual cue to use when the student's questions or comments interfere with classroom instruction.
- 9. Avoid sarcasm, double meanings, and idiomatic expressions.
- 10. Allow student to use word-processing software for assignments and essay questions.

Fact Sheet developed by Montclair State University / Disability Resources Center

Contact: John Woodruff - Disability Resources, ext. 4234 /woodruff@rowan.edu